

Weight Management Programs in our Community

***Geisinger Janet Weis Children's Hospital's pediatric psychology department, in collaboration with pediatric gastroenterology and general pediatrics offers a program to address weight management behaviors in children and teens, third grade and older. The program is called REAL and the four areas of emphasis include Recording, Eating, Activity, and Lifestyle change.

The program is offered in the Pediatric Psychology Clinic at Geisinger in Danville. For more information call 570-271-6396.

***Camp Energy is for teens ages 13-18 with a BMI in the 85th percentile or higher. The camp is held two week-ends per year in the Fall and in the Spring, at Camp Victory in Millville. The camp program features fun exercise and nutrition science sessions. Camp staff includes experienced physicians, nutritionists, psychologists, and exercise physiologists. For more information call 570-214-9796, email campenergy@gmail.com, or visit their website at www.GOCAMPENERGY.org