



Phased School Reopening Health and Safety Plan

Each school entity must create a Health and Safety Plan which will serve as the local guidelines for all instructional and non- instructional school reopening activities. As with all emergency plans, the Health and Safety Plan developed for each school entity should be tailored to the unique needs of each school and should be created in consultation with local health agencies. Given the dynamic nature of the pandemic, each plan should incorporate enough flexibility to adapt to changing conditions. The templates provided in this toolkit can be used to document a school entity's Health and Safety Plan, with a focus on professional learning and communications, to ensure all stakeholders are fully informed and prepared for a local phased reopening of school facilities. A school entity's Health and Safety Plan must be approved by its governing body and posted on the school entity's publicly available website prior to the reopening of school. School entities should also consider whether the adoption of a new policy or the modification of an existing policy is necessary to effectively implement the Health and Safety Plan.

Each school entity should continue to monitor its Health and Safety Plan throughout the year and update as needed. All revisions should be reviewed and approved by the governing body prior to posting on the school entity's public website.

Table of Contents

Health and Safety Plan	3
Type of Reopening	5
Pandemic Coordinator/Team	7
Key Strategies, Policies, and Procedures	9
Cleaning, Sanitizing, Disinfecting and Ventilation	10
Social Distancing and Other Safety Protocols	11
Monitoring Student and Staff Health	24
Other Considerations for Students and Staff	29
Health and Safety Plan Professional Development	34
Health and Safety Plan Communications	36
Health and Safety Plan Summary	37
Facilities Cleaning, Sanitizing, Disinfecting and Ventilation	36
Social Distancing and Other Safety Protocols	38
Monitoring Student and Staff Health	42
Other Considerations for Students and Staff	43
Additional Updates	45
Health and Safety Plan Governing Body Affirmation Statement	47
Athletics Health and Safety Plan	48

This resource draws on a resource created by the Council of Chief State School Officers (CCSSO) that is based on official guidance from multiple sources to include: the Centers for Disease Control and Prevention, the White House, American Academy of Pediatrics, Learning Policy Institute, American Enterprise Institute, Rutgers Graduate School of Education, the World Health Organization, the Office of the Prime Minister of Norway as well as the departments of education/health and/or offices of the governor for Idaho, Montana, New York, Texas and Washington, DC.

Health and Safety Plan: **Mount Carmel Area**

In the best interest of education, Mount Carmel Area SD recognizes the need to have students participating in face to face instruction as often as possible. This plan outlines the MCA SD strategy in comparing responses to and recovering from the pandemic including specifically COVID19. This will serve as a guide for the safe reopening of the Mount Carmel Area SD. This is a fluid document based on local, state and federal guidelines, which will continue to develop over time. This plan is based on the district's ability to follow the state, local and federal guidelines to the best of our ability; *however, this plan is developed to reduce the level of risk, but does not completely eliminate risks and exposure.* For families with concerns, we recommend you contact your building principal or our superintendent to discuss educational options for your son or daughter.

What are the signs and symptoms of COVID-19? Symptoms may appear 2-14 days after exposure to the virus. The symptoms may range from mild to severe. Symptoms may include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore Throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

What to do if you are sick? · If you are sick with COVID-19 or think you are infected with the virus, **STAY AT HOME**. It is essential that you take steps to help prevent the disease from spreading to people in your home or community. If you think you have been exposed to COVID-19 and develop a fever and symptoms, call your healthcare provider.

Parents are strongly encouraged to do system screening (temperature check, health assessment) prior to your child attending face-to-face instruction. If a child displays any COVID19 symptom, the child must stay home from school.

All decision-makers should be mindful that as long as there are cases of COVID-19 in the community, **there are no strategies that can completely eliminate transmission risk within a school population.** The goal is to keep transmission as low as possible to safely continue school activities. All school activities must be informed by [Governor Wolf's Process to Reopen Pennsylvania](#). The administration has categorized reopening into three broad phases: red, yellow, or green. These designations signal how counties and/or regions may begin easing some restrictions on school, work, congregate settings, and social interactions:

- The Red Phase: Schools remain closed for in-person instruction and all instruction must be provided via remote learning, whether using digital or non-digital platforms. Provisions for student services such as school meal programs should continue. Large gatherings are prohibited.
- The Yellow Phase and Green Phase: Schools may provide in-person instruction after developing a written Health and Safety Plan, to be approved by the local governing body (e.g. board of directors/trustees) and posted on the school entity’s publicly available website.

Updated August 13, 2020:

The current PA Department of Health and Governor Wolf Mitigation efforts:

<https://www.health.pa.gov/topics/disease/coronavirus/Pages/Guidance/Targeted-Mitigation-FAQ.aspx>

Type of Reopening

Key Questions

- How do you plan to bring students and staff back to physical school buildings, particularly if you still need social distancing in place?
- How did you engage stakeholders in the type of re-opening your school entity selected?
- How will you communicate your plan to your local community?
- Once you reopen, what will the decision-making process look like to prompt a school closure or other significant modification to operations?

Based on your county’s current designation and local community needs, which type of reopening has your school entity selected? (SELECT ONE BOX BELOW)

- Total reopen for all students and staff (but some students/families opt for distance learning out of safety/health concern).
- Scaffolded reopening: Some students are engaged in in-person learning, while others are distance learning (i.e., some grade levels in-person, other grade levels remote learning).
- Blended reopening that balances in-person learning and remote learning for all students (i.e., alternating days or weeks).
- Total remote learning for all students. (Plan should reflect future action steps to be implemented and conditions that would prompt the decision as to when schools will re-open for in-person learning).

Anticipated launch date for in-person learning (i.e., start of blended, scaffolded, or total reopening): **August 24, 2020**

Pandemic Coordinator/Team

Each school entity is required to identify a pandemic coordinator and/or pandemic team with defined roles and responsibilities for health and safety preparedness and response planning during the phased reopening of schools. The pandemic coordinator and team will be responsible for facilitating the local planning process, monitoring implementation of your local Health and Safety Plan, and continued monitoring of local health data to assess implications for school operations and potential adjustments to the Health and Safety Plan throughout the school year. To ensure a comprehensive plan that reflects the considerations and needs of every stakeholder in the local education community,

LEAs are encouraged to establish a pandemic team to support the pandemic coordinator. Inclusion of a diverse group of stakeholders is critical to the success of planning and implementation. LEAs are highly encouraged to make extra effort to engage representatives from every stakeholder group (i.e., administrators, teachers, support staff, students, families, community health official or other partners), with a special focus on ensuring that the voices of underrepresented and historically marginalized stakeholder groups are prioritized. In the table below, identify the individual who will serve as the pandemic coordinator and the stakeholder group they represent in the row marked “Pandemic Coordinator”.

For each additional pandemic team member, enter the individual’s name, stakeholder group they represent, and the specific role they will play in planning and implementation of your local Health and Safety Plan by entering one of the following under “Pandemic Team Roles and Responsibilities”:

- **Health and Safety Plan Development:** Individual will play a role in drafting the enclosed Health and Safety Plan;
- **Pandemic Crisis Response Team:** Individual will play a role in within-year decision making regarding response efforts in the event of a confirmed positive case or exposure among staff and students; or
- **Both (Plan Development and Response Team):** Individuals will play a role in drafting the plan and within-year decision making regarding response efforts in the event of confirmed positive case.

Pandemic Coordinator/Team

Individual(s)	Stakeholder Group Represented	Pandemic Team Roles and Responsibilities (Options Above)
Pete Cheddar	School District Superintendent	Pandemic Coordinator
Lisa Varano, John Darrah, Suzie Nestico, Amanda Stepenaskie, Greg Sacavage, Nicole Edmondson, Corrina Lesko, Dave Fegley, Gary Trefsgger	School District Administration	Pandemic Team
Bernie Stellar, Jesse Wagner, Eve Lyash, Tom Dulskey, John Laziki, Bob Scicchitano, Leanne Ryan, Kelly Ryan, Jose Gonzalo, Donna James, Jim Britt	School District Teachers/Nurses and Board Members	Pandemic Team
Nevin Balliet, Kevin O’Hearn	Community Members	Pandemic Team

Key Strategies, Policies, and Procedures

Once your LEA has determined the type of reopening that is best for your local community and established a pandemic coordinator and/or pandemic team, use the action plan templates on the following pages to create a thorough plan for each of the requirements outlined in the Pennsylvania Department of Education’s Preliminary Guidance for Phased Reopening of PreK-12 Schools.

For each domain of the Health and Safety Plan, draft a detailed summary describing the key strategies, policies, and procedures your LEA will employ to satisfy the requirements of the domain. The domain summary will serve as the public-facing description of the efforts your LEA will take to ensure health and safety of every stakeholder in your local education community. Thus, the summary should be focused on the key information that staff, students, and families will require to clearly understand your local plan for the phased reopening of schools. You can use the key questions to guide your domain summary.

For each requirement within each domain, document the following:

- **Action Steps under Yellow Phase:** Identify the discrete action steps required to prepare for and implement the requirement under the guidelines outlined for counties in yellow. List the discrete action steps for each requirement in sequential order.
- **Action Steps under Green Phase:** Identify the specific adjustments the LEA or school will make to the requirement during the time period the county is designated as green. If implementation of the requirement will be the same regardless of county designation, then type “same as Yellow” in this cell.
- **Lead Individual and Position:** List the person(s) responsible for ensuring the action steps are fully planned and the school system is prepared for effective implementation.
- **Materials, Resources, and/or Supports Needed:** List any materials, resources, or support required to implement the requirement.
- **Professional Development (PD) Required:** In order to implement this requirement effectively, will staff, students, families, or other stakeholders require professional development?

In the following tables, an asterisk (*) denotes a mandatory element of the plan. All other requirements are highly encouraged to the extent possible.

Cleaning, Sanitizing, Disinfecting, and Ventilation

Key Questions

- How will you ensure the building is cleaned and ready to safely welcome staff and students?
- How will you procure adequate disinfection supplies meeting OSHA and [CDC requirements for COVID-19](#)?
- How often will you implement cleaning, sanitation, disinfecting, and ventilation protocols/procedures to maintain staff and student safety?
- What protocols will you put in place to clean and disinfect throughout an individual school day?
- Which stakeholders will be trained on cleaning, sanitizing, disinfecting, and ventilation protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

Summary of Responses to Key Questions: There will be a schedule for cleaning high touch and high-traffic areas at key points throughout the day following the [CDC's Guidance for Cleaning and Disinfecting Schools](#)

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, hallways, and transportation)	<p>The district will follow the CDC's Guidance for Cleaning & Disinfecting Schools</p> <p>Increase Social Distancing & Hygiene Practices</p> <p>Clean and disinfect frequently touched surfaces and objects within the school and on buses at least daily, including door handles and sink handles</p>	<p>The district will follow the CDC's Guidance for Cleaning & Disinfecting Schools</p> <p>Increase Social Distancing & Hygiene Practices</p> <p>Scheduled protocol for cleaning high-touch and high-traffic areas including door handles and sink handles at key point throughout the day</p>	Dave Fegley	PPE CDC Website COVID 19 Job Cards	

	<p>Water fountains will be closed for use.</p> <p>Steps will be taken to limit the use of communal drinking fountains and provide safe alternatives for providing water when possible.</p> <p>Implement and Supervise the Daily and Weekly COVID-19 Cleaning Activities as specified on the Daily and Weekly COVID-19 Job Cards.</p>	<p>Water fountains will be closed for use until further notice.</p> <p>Implement and Supervise the Daily and Weekly COVID-19 Cleaning Activities as specified on the Daily and Weekly COVID-19 Job Cards.</p> <p>Increase ventilation rates from OCC Hours only to 24/7 operation whenever possible</p> <p>Geisinger Resources:</p> <ul style="list-style-type: none"> • How To Wash Your Hands • How to Wash Your Hands, Spanish • Handwashing Why, When, and Why 			
<p>Other cleaning, sanitizing, disinfecting, and ventilation practices</p>	<p>Use of Electrostatic cleaning machine on as needed basis.</p> <p>Classrooms and common areas will be ventilated with additional circulation of outdoor air when possible</p>	<p>Use of Electrostatic cleaning machine on as needed basis.</p> <p>Classrooms and common areas will be ventilated with additional circulation of outdoor air when possible</p>	<p>Dave Fegley</p>	<p>Electrostatic Cleaning Machine</p>	

Social Distancing and Other Safety Protocols

Key Questions

- How will classrooms/learning spaces be organized to mitigate spread?
- How will you group students with staff to limit the number of individuals who come into contact with each other throughout the school day?
- What policies and procedures will govern use of other communal spaces within the school building?
- How will you utilize outdoor space to help meet social distancing needs?
- What hygiene routines will be implemented throughout the school day?
- How will you adjust student transportation to meet social distancing requirements?
- What visitor and volunteer policies will you implement to mitigate spread?
- Will any of these social distancing and other safety protocols differ based on age and/or grade ranges?
- Which stakeholders will be trained on social distancing and other safety protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

Summary of Responses to Key Questions: Large group areas and outdoor space will be utilized to the greatest extent possible to allow for social distancing. Staff and students will wash hands frequently throughout the day.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Classroom/ learning space occupancy that allows for 6 feet of separation among students and staff throughout the day, to the maximum extent feasible	When social distancing is not possible, riding school busses and entering buildings, face coverings will be required during State mandate implemented by Governor Wolf on July 3. When the face coverings are no longer mandated, we will continue to increase the use of PPE (masks, gloves, face-shields), which will be	When social distancing is not possible, riding school busses and entering buildings, face coverings will be required during State mandate implemented by Governor Wolf on July 3. When the face coverings are no longer mandated, we will continue to increase the use of PPE (masks, gloves,	Building Principal	Building Level Schedule	Yes

	<p>recommended, encouraged and provided for those students who need them.</p> <p>When possible, do the following:</p> <p>Remove all unnecessary furniture in each room.</p> <p>Schedules should be as static as possible by having the same group of students with the same group of staff based on age and developmental level. <u>American Academy of Pediatrics (AAP)</u></p> <p>Restrict interactions between groups of students.</p> <p>Staggered schedule to limit the number of individuals in a classroom or other space.</p> <p>Limit gatherings, events and extracurricular activities to those that can maintain social distancing and follow state guidelines.</p> <p>Hold classes in gyms, auditoriums, other large</p>	<p>face-shields), which will be recommended, encouraged and provided for those students who need them.</p> <p>When possible, do the following:</p> <p>Remove all unnecessary furniture in each room.</p> <p>Schedules will be attempted to be as static as possible (especially in elementary school) by having the same group of students with the same group of staff based on age and developmental level. <u>American Academy of Pediatrics (AAP)</u></p> <p>Restrict interactions between groups of students.</p> <p>Staggered schedule to limit the number of individuals in a classroom or other space.</p> <p>Limit gatherings, events and extracurricular</p>			
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	<p>spaces, or outdoors when possible.</p> <p>Turn desks facing the same direction or have students only sit on one side of the table, spaced apart.</p> <p>Should the use of a hybrid model be needed, the goal will be to have students attend school as much as possible.</p> <p>Students without stable internet within their home will have the ability to download instructional materials on location at the school.</p>	<p>activities to those that can maintain social distancing and follow state guidelines.</p> <p>Hold classes in gyms, auditoriums, other large spaces, or outdoors when possible.</p> <p>Turn desks facing the same direction or have students only sit on one side of the table, spaced apart.</p> <p>Should the use of a hybrid model be needed, the goal will be to have students attend school as much as possible.</p> <p>Students without a stable internet within their home will have the ability to download instructional materials on location at the school district and at the Mount Carmel Public Library.</p>			
<p>* Restricting the use of cafeterias and other congregate settings, and serving meals in alternate</p>	<p>Students will be encouraged to follow hand sanitizer protocol, provided at stations within the cafeterias, prior and after to consuming food or beverages.</p>	<p>Students will be encouraged to follow hand sanitizer protocol, provided at stations within the cafeterias, prior to and after consuming food or beverages.</p>	<p>Building Principal and Food Service</p>		<p>Yes</p>

<p>settings such as classrooms</p>	<p>Parents /guardians will be encouraged to deposit funds using the on-line payment portal, avoiding the handling of cash and checks in the cafeterias.</p> <p>Students will not be permitted to serve themselves for items such as fruit and or vegetable selections. Staff will serve students all meal components.</p> <p>Student dining areas and cafeteria serving areas will be thoroughly cleaned between lunch periods.</p>	<p>Parents /guardians will be encouraged to deposit funds using the on-line payment portal, avoiding the handling of cash and checks in the cafeterias. For more information: http://www.mca.k12.pa.us/wp/food-services-2/</p> <p>Students will not be permitted to serve themselves for items such as fruit and or vegetable selections. Staff will serve students all meal components.</p> <p>Student dining areas and cafeteria serving areas will be thoroughly cleaned between lunch periods.</p> <p>Lunch will be served in a manner promoting social distancing</p>			
<p>* Hygiene practices for students and staff including the manner and frequency of hand-washing</p>	<p>All staff will be trained on healthy hygiene practices so they can teach these to students.</p> <p>When possible, ensure handwashing strategies include washing with soap</p>	<p>All staff will be trained on healthy hygiene practices so they can teach these to students.</p> <p>When possible, ensure handwashing</p>	<p>Building Principal</p> <p>Supervisor of Building and Grounds</p>	<p>Hand Soap</p> <p>Alcohol Based Sanitizer</p> <p>Hygiene Posters</p>	

<p>and other best practices</p>	<p>and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available and hands are not visibly dirty, use an alcohol-based hand sanitizer that contains at least 60% alcohol.</p> <p>CDC - handwashing resources that include health promotion materials, information on proper handwashing technique, and tips for families to help children develop good hand washing habits.</p> <p>Ensure adequate supplies (e.g., soap, paper towels, hand sanitizer, tissue) to support healthy hygiene practices</p>	<p>strategies include washing with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available and hands are not visibly dirty, use an alcohol-based hand sanitizer that contains at least 60% alcohol.</p> <p>CDC - handwashing techniques</p> <p>Teaching Handwashing Activity</p> <p>Geisinger Medical Center - Handwashing</p> <p>Ensure adequate supplies (e.g., soap, paper towels, hand sanitizer, tissue) to support healthy hygiene practices.</p>			
<p>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop</p>	<p>Post CDC Germs Are Everywhere and Wash Your Hands Posters in all District Cafeterias and Restrooms and other high traffic areas.</p> <p>CDC Germs are Everywhere</p>	<p>Signs posted throughout the building, restrooms and handwashing stations</p>	<p>Supervisor of Building and Grounds</p> <p>Building Principal</p>	<p>hygiene poster</p> <p>CDC Website</p> <p>Hand Washing Posters</p>	

<p>the spread of germs</p>	<p>CDC Wash Your Hands Translated Posters</p>				
<p>* Identifying and restricting non-essential visitors and volunteers</p>	<p>In an effort to keep our students safe and allow for their educational needs to be met, we will not be using volunteers and non-essential visitors at the beginning of the school term and will be revisited on a monthly basis.</p> <p>In an effort to keep our students safe and allow for their educational needs to be met, educational trips will not be approved at the beginning of the school term and will be revisited on a monthly basis.</p> <p><u>Essential visitors or volunteers must wear masks upon entering the building.</u> Signage will be posted throughout the building and high traffic areas.</p> <p>No outside individuals renting facilities under Policy 707 unless approved by the board of education.</p> <p>Do not schedule large group activities including, but not limited to assemblies, concerts, and theater.</p>	<p>In an effort to keep our students safe and allow for their educational needs to be met, we will not be using volunteers and non-essential visitors at the beginning of the school term and will be revisited on a monthly basis.</p> <p>In an effort to keep our students safe and allow for their educational needs to be met, educational trips will not be approved at the beginning of the school term and will be revisited on a monthly basis.</p> <p><u>Essential visitors or volunteers must wear masks upon entering the building.</u> Signage will be posted throughout the building and high traffic areas. Visitors or volunteers should be screened for symptoms including temperature, prior to entering the building.</p> <p>No outside individuals renting facilities under Policy 707 unless approved by the board of education.</p>	<p>Building Principal</p>		

		<p>Limit large group activities such as extracurriculars in accordance with PIAA, PMEA and State Guidelines</p> <p>Ensure all large group activities including, but not limited to assemblies, concerts, and theater shows follow social distancing guidelines.</p> <p>STEAM3S afterschool program is part of the MCA Health Plan but all activities will remain virtual during the summer months.</p>			
<p>* Handling sporting activities for recess and physical education classes consistent with the CDC Considerations for Youth Sports</p>	<p>Physical Education Follow CDC Guidelines.</p> <p>Select and provide safe opportunities for exercise and sports events for students. Consider;</p> <ul style="list-style-type: none"> • Physical proximity of players • Amount of touching of shared equipment • Ability to engage in social distancing while not engaged in active play. • Engagement of players at higher risk. • Size of team. <p>Train teachers, coaches, officials, and staff on all safety protocols.</p> <p>CDC Considerations for Youth Sports.</p>	<p>Physical Education Follow CDC Guidelines.</p> <p>Select and provide safe opportunities for exercise and sports events for students. Consider;</p> <ul style="list-style-type: none"> • Physical proximity of players • Amount of touching of shared equipment • Ability to engage in social distancing while not engaged in active play. • Engagement of players at higher risk. • Size of team. <p>Train teachers, coaches, officials, and staff on all safety protocols.</p>	<p>PE Teachers</p> <p>Building Principal</p> <p>Music Teacher</p>	<p>Playground Equipment</p> <p>PE Equipment</p> <p>National PE Guidelines</p> <p>Music Instruments</p> <p>National Music Guidelines</p>	

<p>Handling Music Activities and Classes</p>	<p>Recess Limit recreation areas to open spaces.</p> <p>Greatly restrict or eliminate use of playground structures.</p> <p>Ensure adequate playground equipment (balls, jump ropes, etc.) to limit the sharing of items or limited to one group of students at a time and disinfect between uses. –</p> <p>Limited team sports and group games following social distance guidelines</p> <p>Follow Covid-19 Instrument Cleaning Policies. Teachers will provide students instruction on these cleaning policies prior to resuming instrumental music lessons or classes.</p> <p>Covid-19 Instrument Cleaning Policies</p> <p>Select and provide safe opportunities for music instruction for students. Consider;</p> <ul style="list-style-type: none"> ● Physical proximity of students. ● Use of appropriate facilities to accommodate social distancing. ● Amount of touching of shared equipment. ● Ability to engage in social distancing while not engaged in active play. 	<p>CDC Considerations for Youth Sports</p> <p>Recess Limit to one group of students, following social distancing guidelines, using playground structures at a time.</p> <p>Ensure adequate playground equipment (balls, jump ropes, etc.) to limit the sharing of items or limited to one group of students at a time and disinfect between uses. –</p> <p>Limited team sports and group games following social distance guidelines</p> <p>Follow Covid-19 Instrument Cleaning Policies. Teachers will provide students instruction on these cleaning policies prior to resuming instrumental music lessons or classes.</p> <p>Clean/disinfect commonly used areas such as chairs, music stands, etc. To the greatest extent possible.</p> <p>Covid-19 Instrument Cleaning Policies</p> <p>Select and provide safe opportunities for music</p>			
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	<ul style="list-style-type: none"> ● Engagement of players at higher risk. ● Size of group. 	<p>instruction for students. Consider;</p> <ul style="list-style-type: none"> ● Physical proximity of students. ● Use of appropriate facilities to accommodate social distancing. ● Amount of touching of shared equipment. ● Ability to engage in social distancing while not engaged in active play. ● Engagement of players at higher risk. ● Size of group. 			
Limiting the sharing of materials among students	<p>Clean and disinfect shared items between uses</p> <p>Keep each student's belongings separated from others' as much as possible</p> <p>Ensure adequate supplies to minimize sharing of high touch materials to the extent possible or limit to one group of students at a time and disinfect in between use.</p> <ul style="list-style-type: none"> · Shared Textbooks · Technology · Art Supplies · PE Equipment <p>Avoid using other employees' phones, desks, offices, or other work tools and equipment, when possible. Clean and disinfect them before and after use.</p>	<p>Clean and disinfect shared items between uses</p> <p>Keep each student's belongings separated from others' as much as possible</p> <p>Ensure adequate supplies to minimize sharing of high touch materials to the extent possible or limit to one group of students at a time and disinfect in between use.</p> <ul style="list-style-type: none"> · Shared Textbooks · Technology · Art Supplies · PE Equipment <p>Avoid using other employees' phones, desks, offices, or other work tools and equipment, when possible. Clean and</p>	<p>Teaching Staff</p> <p>Building Principal</p>	Cleaning Supplies	Yes

		disinfect them before and after use.			
Staggering the use of communal spaces and hallways	<p>Create one-way traffic patterns in hallways.</p> <p>Create direction stairwells</p> <p>Separate students within common areas.</p> <ul style="list-style-type: none"> · Arrival · Dismissal Lines · Lunch <p>Pursue virtual group events, gatherings, or meetings, if possible, and promote social distancing of at least 6 feet between people if events are held</p>	<p>When possible create one-way traffic patterns in hallways and stairwells.</p> <p><u>American Academy of Pediatrics (AAP)</u></p> <p>Keep students in one location to the greatest extent possible. Stagger hallway movement when movement is necessary (recommended by <u>American Academy of Pediatrics (AAP)</u>.)</p> <p>Create schedules to promote social distancing at high congestion times such as lunch, arrival, and dismissal</p> <p>Pursue virtual group events, gatherings, or meetings, if possible, and promote social distancing of at least 6 feet between people if events are held</p> <p>Stagger bells when possible</p> <p>Create book cleaning protocols for classroom and school libraries.</p> <p><u>Handling Library Materials During COVID</u></p> <p>Create direction stairwells</p>	Teachers Building Principal	Directional arrows for building flow	Yes

<p>Adjusting transportation schedules and practices to create social distance between students</p>	<p>Routes will be developed, paying particular attention to balancing student ridership.</p> <p>Students in grades PK-12 will follow masking guidelines from the PA Dept of Health.</p> <p>students will be encouraged to sit with family members and distance from others to the greatest extent possible. Additionally assign seats by cohort if possible so that students are always with the same group of students. (recommended by American Academy of Pediatrics (AAP))</p> <p>Extracurricular and Educational field trips will be limited based on State guidelines throughout the year</p> <p>In order to keep schools open and community safe, we will limit outside exposure to schools/opponents who do not follow a State Health and Wellness plan</p> <p>Roof hatches and windows will be opened whenever possible to</p>	<p>Routes will be developed, paying particular attention to balancing student ridership.</p> <p>Students in grades PK-12 will follow masking guidelines from the PA Dept of Health.</p> <p>Students will be encouraged to sit with family members and distance from others to the greatest extent possible. Additionally assign seats by cohort if possible so that students are always with the same group of students. (recommended by American Academy of Pediatrics (AAP))</p> <p>Extracurricular and Educational field trips will be limited based on State guidelines throughout the year</p> <p>In order to keep schools open and community safe, we will limit outside exposure to schools/opponents who do not follow a State Health and Wellness plan</p> <p>Roof hatches and windows will be</p>	<p>Superintendent</p> <p>Director of Transportation</p>		<p>Yes</p>
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	<p>allow for the best ventilation.</p> <p><u>American Academy of Pediatrics</u></p> <p>School buses and vehicle will be disinfected after the morning and afternoon routes to the fullest extent possible.</p> <p>Parents will be encouraged to transport their children if they are able to reduce the total population needing transportation</p>	<p>opened whenever possible to allow for the best ventilation.</p> <p><u>American Academy of Pediatrics</u></p> <p>School buses and vehicle will be disinfected after the morning and afternoon routes to the fullest extent possible.</p> <p>Parents will be encouraged to transport their children if they are able to reduce the total population needing transportation</p> <p>All students are expected to wear masks when riding the bus.</p>			
<p>Limiting the number of individuals in classrooms and other learning spaces, and interactions between groups of students</p>	<p>To the extent feasible, students should be socially distanced six feet apart pursuant to CDC and PDE guidelines. If six feet is not achievable in the classroom setting, students should be spaced to the maximum extent possible.</p> <p>Attempt to identify small groups and keep them together (cohorting).</p>	<p>To the extent feasible, students should be socially distanced six feet apart pursuant to CDC and PDE guidelines. If six feet is not achievable in the classroom setting, students should be spaced to the maximum extent possible. If students cannot be six feet, it would be</p>	<p>Building Principal</p>		

	<p>Especially in elementary grade levels.</p> <p>Limit mixing between groups if possible.</p> <p>Geisinger Infographic on Power of Social Distancing</p>	<p>recommended to wear a mask.</p> <p>Attempt to identify small groups and keep them together (cohorting). Especially in elementary grade levels.</p> <p>Limit mixing between groups if possible.</p> <p>Geisinger Infographic on Power of Social Distancing</p>			
<p>Coordinating with local childcare regarding on site care, transportation protocol changes and, when possible, revised hours of operation or modified school-year calendars</p>	<p>Update the MCA SD website with any transportation changes.</p>	<p>Update the MCA SD website with any transportation changes.</p>	<p>Director of Transportation</p> <p>Superintendent</p> <p>Building Principal</p>		
<p>Other social distancing and safety practices</p>	<p>Installing plexiglass in Main office areas and Cafeteria P.O.S. Areas.</p>	<p>Installing plexiglass in Main office areas and Cafeteria P.O.S. Areas.</p>	<p>Superintendent</p>		

Monitoring Student and Staff Health PLEASE SEE GMC FLOW CHART

Key Questions

- How will you monitor students, staff, and others who interact with each other to ensure they are healthy and not exhibiting signs of illness?
- Where, to whom, when, and how frequently will the monitoring take place (e.g. parent or child report from home or upon arrival to school)?

- What is the policy for quarantine or isolation if a staff, student, or other member of the school community becomes ill or has been exposed to an individual confirmed positive for COVID-19?
- Which staff will be responsible for making decisions regarding quarantine or isolation requirements of staff or students?
- What conditions will a staff or student confirmed to have COVID-19 need to meet to safely return to school? How will you accommodate staff who are unable to uncomfortable to return?
- How will you determine which students are willing/able to return? How will you accommodate students who are unable or uncomfortable to return?
- When and how will families be notified of confirmed staff or student illness or exposure and resulting changes to the local Health and Safety Plan?
- Which stakeholders will be trained on protocols for monitoring student and staff health? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

Summary of Responses to Key Questions: The first level of symptom screening will be done by parents/guardians at home before school each day. Parents will not send a child to school with symptoms. Staff will also not report to work if they are sick. If a student or staff member becomes ill at work they will immediately report to the nurse who will isolate the person to the greatest extent possible. Persons who have COVID-19 who have symptoms and were directed to care for themselves at home may discontinue isolation following CDC recommendations.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Monitoring students and staff for symptoms and history of exposure	Symptom screening will be done by all parents/guardians at home each morning before the school day.	Symptom screening will be done by all parents/guardians at home each morning before the school day.	Nurses Principals Teachers	Self Screening and Reporting Procedures	
	Children who either have symptoms, fever, or exposure to COVID-19, should not be sent on the bus or brought to school or by parent	Children who either have symptoms, fever, or exposure to COVID-19, should not be sent on the bus or brought to school or by parent		Staff Training COVID 19 Resources	
	All district staff will perform a symptoms	All district staff will perform a symptoms			

	<p>screen on themselves prior to leaving for work and will stay home if ill.</p> <p>Students and staff should mask and proceed to the nurse immediately upon feeling symptomatic.</p> <p>The nurse will have an area of isolation for staff/students who feel symptomatic.</p> <p>Symptoms and hand washing protocol will be posted through the buildings for Students and staff</p> <p>All individuals in school should sanitize or wash their hands on a frequent basis.</p> <p>Geisinger Screening Protocol</p>	<p>screen on themselves prior to leaving for work and will stay home if ill.</p> <p>Students and staff should mask and proceed to the nurse immediately upon feeling symptomatic.</p> <p>The nurse will have an area of isolation for staff/students who feel symptomatic.</p> <p>Symptoms and hand washing protocol will be posted through the buildings for Students and staff</p> <p>All individuals in school should sanitize or wash their hands on a frequent basis.</p> <p>Staff will be made aware of COVID symptoms and can determine if child should receive an additional screening at school.</p> <p>Geisinger Screening Protocol</p>			
<p>* Isolating or quarantining students, staff, or visitors if they become sick or demonstrate</p>	<p>Work with school administrators, nurse and healthcare providers to identify isolation room or area to separate anyone with COVID-19 symptoms</p>	<p>Work with school administrators, nurse and healthcare providers to identify isolation room or area to separate anyone with COVID-19 symptoms</p>	<p>Nurse Principal Teacher</p>	<p>Isolation Area Notification Letter Health Care Training</p>	

<p>a history of exposure</p>	<p>School nurses and other healthcare providers should follow Standard Transmission-Based Precautions when calling for sick students</p> <p><u>CDC Quarantine and Isolation Information</u></p> <p>Close off the area used by a person testing positive for OVID-19 and do not use before cleaning and disinfecting</p> <p>Notify staff and families of confirmed cases while maintaining confidentiality</p>	<p>School nurses and other healthcare providers should follow Standard Transmission-Based Precautions when calling for sick students</p> <p><u>CDC Quarantine and Isolation Information</u></p> <p>Close off the area used by a person testing positive for OVID-19 and do not use before cleaning and disinfecting</p> <p>Notify staff and families of confirmed cases while maintaining confidentiality</p> <p>All students and/or faculty should remain masked the entire time, even if social distancing. This helps prevent additional droplet spread and would be highly recommended.</p>			
<p>* Returning isolated or quarantined staff, students, or visitors to school</p>	<p>The following will be recommended: Those returning will be encouraged to follow the state guidelines.</p> <p>Persons who have COVID-19 who have symptoms and were directed to care for themselves at home</p>	<p>The following will be recommended: Those returning will be encouraged to follow the state guidelines.</p> <p>Persons who have COVID-19 who have symptoms and were directed to care for</p>	<p>Administration Nurses</p>		

	<p>may discontinue isolation under the following conditions:</p> <ul style="list-style-type: none"> · Resolution of symptoms without the use of fever-reducing medications for the previous 72 hours. <p>AND</p> <ul style="list-style-type: none"> · Improvement in respiratory symptoms (e.g., cough, shortness of breath) <p>AND</p> <ul style="list-style-type: none"> · Minimum 10 days from the onset of initial symptoms. <p>OR</p> <ul style="list-style-type: none"> · Documentation of negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected ≥24 hours apart (total of two negative specimens) <p>CDC Return Recommendations</p>	<p>themselves at home may discontinue isolation under the following conditions:</p> <ul style="list-style-type: none"> · Resolution of symptoms without the use of fever-reducing medications for the previous 72 hours. <p>AND</p> <ul style="list-style-type: none"> · Improvement in respiratory symptoms (e.g., cough, shortness of breath) <p>AND</p> <ul style="list-style-type: none"> · Minimum 10 days from the onset of initial symptoms. <p>OR</p> <ul style="list-style-type: none"> · Documentation of negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected ≥24 hours apart (total of two negative specimens) <p>CDC Return Recommendations</p>			
<p>Notifying staff, families, and the public of school closures and within-school-ye</p>	<p>Post health and Safety Plan on MCA SD website.</p>	<p>Post health and Safety Plan on MCA SD website.</p>	<p>Building Principals</p>		

<p>ar changes in safety protocols</p>	<p>Provide regular update information on MCASD website and in parent communication.</p> <p>Prepare parents and families for remote learning if school is temporarily dismissed/closed</p>	<p>Provide regular update information on MCA SD website and in parent communication.</p> <p>Prepare parents and families for remote learning if school is temporarily dismissed/closed</p>			
<p>Other monitoring and screening practices</p>	<p>When a confirmed case is identified, PA DOH will be involved. The Superintendent will rely on DOH for instruction on the closure of classrooms or schools. The Superintendent will reach out the State DOH to ensure they are updated should a case be reported and take guidance from there.</p> <p>The Superintendent will rely on the DOH for contact tracing.</p>	<p>When a confirmed case is identified, PA DOH (1877 PA HEALTH) will be involved. The Superintendent will rely on DOH for instruction on the closure of classrooms or schools. The Superintendent will reach out the State DOH to ensure they are updated should a case be reported and take guidance from there.</p> <p>The Superintendent will rely on the DOH for contact tracing.</p>			

Other Considerations for Students and Staff

Key Questions

- What is the local policy/procedure regarding face coverings for staff? What is the policy/procedure for students?
- What special protocols will you implement to protect students and staff at higher risk for severe illness?
- How will you ensure enough substitute teachers are prepared in the event of staff illness?

- How will the LEA strategically deploy instructional and non-instructional staff to ensure all students have access to quality learning opportunities, as well as supports for social emotional wellness at school and at home?

- **Summary of Responses to Key Questions:**

We will follow the guidelines set forth in the Families First Coronavirus Act.

Staff and students in grades PK-12 will follow masking guidelines from the PA Dept of Health.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Protecting students and staff at higher risk for severe illness	<p>Cancel all non-essential travel</p> <p>The district will follow guidelines set forth in the (FFCRA) Families First Coronavirus Response Act</p> <p>Discourage the use of perfect attendance awards and incentives.</p>	<p>Cancel all non-essential travel</p> <p>The district will follow guidelines set forth in the (FFCRA) Families First Coronavirus Response Act</p> <p>Discourage the use of perfect attendance awards and incentives.</p>	Superintendent		
* Use of face coverings (masks or face shields) by all staff	<p>At this time, Governor Wolfe has enacted a Universal Face Covering Order. Wearing a face covering protects others by containing an individual's fluids and staving the spread of germs. Health care professionals, the CDC, and PDE Guidance reinforce that face coverings are a key strategy for mitigating the spread of COVID-19. MCA School District will continue to monitor mandates and guidance as it is released related to the wearing of face coverings.</p>	<p>At this time, Governor Wolfe has enacted a Universal Face Covering Order. Wearing a face covering protects others by containing an individual's fluids and staving the spread of germs. Health care professionals, the CDC, and PDE Guidance reinforce that face coverings are a key strategy for mitigating the spread of COVID-19. MCA School District will continue to monitor mandates and guidance as it is released related to</p>			

		the wearing of face coverings.			
* Use of face coverings (masks or face shields) by older students (as appropriate)	<p>At this time, Governor Wolfe has enacted a Universal Face Covering Order. Wearing a face covering protects others by containing an individual's fluids and staving the spread of germs. Health care professionals, the CDC, and PDE Guidance reinforce that face coverings are a key strategy for mitigating the spread of COVID-19. MCA School District will continue to monitor mandates and guidance as it is released related to the wearing of face coverings.</p> <p>Face masks are encouraged for use during times when groups of individuals pass or are in close proximity such as hallway transitions and during bus transport.</p>	<p>At this time, Governor Wolfe has enacted a Universal Face Covering Order. Wearing a face covering protects others by containing an individual's fluids and staving the spread of germs. Health care professionals, the CDC, and PDE Guidance reinforce that face coverings are a key strategy for mitigating the spread of COVID-19. MCA School District will continue to monitor mandates and guidance as it is released related to the wearing of face coverings.</p> <p>Geisinger Face Mask Guidance</p> <p>Face masks are encouraged for use during times when groups of individuals pass or are in close proximity such as hallway transitions and during bus transport.</p>			
Unique safety protocols for students with complex needs or other vulnerable individuals	<p>Extra precautions in low incidence programs (AS, MDS, SFLS, LSS).</p> <p>Servicing students in low incidence programs can be problematic due to, but not limited to, students with medical concerns, students not understanding the importance of wearing a mask, students unable to</p>	<p>Extra precautions in low incidence programs (AS, MDS, SFLS, LSS).</p> <p>Servicing students in low incidence programs can be problematic due to, but not limited to, students with medical concerns, students not understanding the importance of wearing a</p>	<p>Superintendent</p> <p>Principals</p> <p>Special Education Coordinator</p>		

	<p>maintain proper social distance, students requiring hand-over-hand instruction and support, students requiring assistance with feeding or toileting.</p> <p>For these reasons, extra precautions will be implemented. These precautions include:</p> <p>If a sink is available in the classroom, staff should thoroughly wash hands or use hand sanitizer immediately before and after working with a student.</p> <p>Avoid the use of communal objects for student reinforcement. If such objects are used with multiple students, each object should be disinfected immediately before and after student use.</p> <p>Personal student Chromebook devices should be disinfected each time a student enters or exits the classroom.</p> <p>The district's feeding protocol should be followed when feeding students. Staff should wear gloves when feeding students.</p> <p>Bathrooms and changing tables should be disinfected before and after student use. Attempt to limit the number of</p>	<p>mask, students unable to maintain proper social distance, students requiring hand-over-hand instruction and support, students requiring assistance with feeding or toileting.</p> <p>For these reasons, extra pre implemented. These precautions include:</p> <p>If a sink is available in the classroom, staff should thoroughly wash hands or use hand sanitizer immediately before and after working with a student.</p> <p>Avoid the use of communal objects for student reinforcement. If such objects are used with multiple students, each object should be disinfected immediately before and after student use.</p> <p>Personal student Chromebook devices should be disinfected each time a student enters or exits the classroom.</p> <p>The district's feeding protocol should be followed when feeding students. Staff should wear gloves when feeding students.</p> <p>Bathrooms and changing tables should be disinfected before and</p>			
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	<p>students in the bathroom at one time.</p> <p>Students should be assisted with hand-washing. Students should be encouraged to wear masks while in common areas such as the hallway. Students should be encouraged not to touch walls and fixtures when in hallways.</p>	<p>after student use. Attempt to limit the number of students in the bathroom at one time.</p> <p>Students should be assisted with hand-washing. Students should be encouraged to wear masks while in common areas such as the hallway. Students should be encouraged not to touch walls and fixtures when in hallways.</p>			
Strategic deployment of staff	<p>Identify critical job functions and positions, and plan for alternative coverage by cross-training staff.</p> <p>All instructional and non-instructional staff will be prepared to effectively deliver instruction in school and at home and pivot between the various schooling options as needed throughout the school year</p>	<p>Identify critical job functions and positions, and plan for alternative coverage by cross-training staff.</p> <p>All instructional and non-instructional staff will be prepared to effectively deliver instruction in school and at home and pivot between the various schooling options as needed throughout the school year</p>	<p>Superintendent Administration</p>		

Health and Safety Plan Professional Development

The success of your plan for a healthy and safe reopening requires all stakeholders to be prepared with the necessary knowledge and skills to implement the plan as intended. For each item that requires professional development, document the following components of your professional learning plan.

- **Topic:** List the content on which the professional development will focus.
- **Audience:** List the stakeholder group(s) who will participate in the professional learning activity.
- **Lead Person and Position:** List the person or organization that will provide the professional learning.
- **Session Format:** List the strategy/format that will be utilized to facilitate participant learning.
- **Materials, Resources, and or Supports Needed:** List any materials, resources, or support required to implement the requirement.
- **Start Date:** Enter the date on which the first professional learning activity for the topic will be offered.
- **Completion Date:** Enter the date on which the last professional learning activity for the topic will be offered.

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
Cleaning, sanitizing, disinfecting and ventilating learning spaces, surfaces, and other areas used by students	Administration , Custodians, Nurses	Dave Fegley	One time training	CDC Guidelines for cleaning schools	July 2020	August 2020
Healthy Hygiene practices	Custodians	Dave Fegley	One time training	CDC Guidelines	Prior to start of school year.	Prior to start of school year.
Implement the MCASD Health and Safety Plan	All Staff	Pete Cheddar	Virtual or in person training	CDC Guidelines Pandemic Team Meetings	Prior to start of school year.	Prior to start of school year.

COVID 19 Health and Safety Plan discussion	Principals and Nurses	Superintendent	Virtual or in person training	CDC Guidelines	Prior to start of school year.	Prior to start of school year.
COVID 19 Health Care procedures for nurses	Building Nurse	Superintendent	Virtual or in person training	CDC Guidelines Geisinger Toolbox	Prior to start of school year	Prior to start of school year
Safety Protocols for students with complex needs	Special Education	Special Education Coordinator	Virtual or in person training	CDC Guidelines	Prior to start of school year	Prior to start of school year
PE/MUSIC	PE/MUSIC STAFF	Building Administrators	Virtual or in person training	CDC Guidelines for cleaning schools	Prior to start of school year	Prior to start of school year

Health and Safety Plan Communications

Timely and effective family and caregiver communication about health and safety protocols and schedules will be critical. Schools should be particularly mindful that frequent communications are accessible in non-English languages and to all caregivers (this is particularly important for children residing with grandparents or other kin or foster caregivers). Additionally, LEAs should establish and maintain ongoing communication with local and state authorities to determine current mitigation levels in your community.

Topic	Audience	Lead Person and Position	Mode of Communications	Start Date	Completion Date
2020-2021 Health and Safety Plan	Entire Learning Community	Superintendent	Pandemic Team meeting review, Website and Social Media	July 2020	Ongoing
Pandemic Team Meetings	Learning Community	Superintendent	PowerPoint meeting review	July 2020	Start of school year
Staff Meetings	Teaching, Office, and Aide staff	Superintendent	PowerPoint meeting review	July 2020	Start of school year.
Return to School Learning Community Survey	Entire Learning Community	Superintendent	Online via Google Forms	June 2020	Start of School year.
Summer Planning Updates	Entire Learning Community	Superintendent	Online via school district website and social media	June 2020	Start of School year.

Health and Safety Plan Summary: **MOUNT CARMEL AREA SCHOOL DISTRICT**

Anticipated Launch Date: AUGUST, 2020

Use these summary tables to provide your local education community with a detailed overview of your Health and Safety Plan. LEAs are required to post this summary on their website. To complete the summary, copy and paste the domain summaries from the Health and Safety Plan tables above.

Facilities Cleaning, Sanitizing, Disinfecting and Ventilation

Requirement(s)	Strategies, Policies and Procedures
<p>* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, hallways, and transportation)</p>	<p>Increased use of PPE required (masks, gloves, face-shields)</p> <p>Increase Social Distancing & Hygiene Practices</p> <p>The district will follow the CDC’s Guidance for Cleaning & Disinfecting Schools</p> <p>CDC Guidance for Cleaning and Disinfecting Schools</p> <p>Clean and disinfect frequently touched surfaces and objects within the school and on buses at least daily, including door handles, sink handles, and drinking fountains.</p> <p>Implement and Supervise the Daily and Weekly COVID-19 Cleaning Activities as specified on the Daily and Weekly COVID-19 Job Cards.</p> <p>Increase ventilation rates from OCC Hours to 24/7 Operation whenever possible. Classrooms and common areas will be ventilated with additional circulation of outdoor air when possible, using windows, doors, and/or fans.</p>

Social Distancing and Other Safety Protocols

Requirement(s)	Strategies, Policies and Procedures
<p>* Classroom/learning space occupancy that allows for 6 feet of separation among students and staff throughout the day, to the maximum extent feasible</p>	<p>Schedules will be attempted to be as static as possible (especially in elementary level) by having the same group of students with the same group of staff based on age and developmental level.</p>
<p>* Restricting the use of cafeterias and other congregate settings, and serving meals in alternate settings such as classrooms</p>	<p>Restrict interactions between groups of students</p> <p>Limit the number of individuals in a classroom or other space.</p>
<p>* Hygiene practices for students and staff including the manner and frequency of hand-washing and other best practices</p>	<p>Limit gatherings, events and extracurricular activities to those that can maintain social distancing.</p> <p>Hold classes in gyms, auditoriums, other large spaces, or outdoors when possible.</p>
<p>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</p>	<p>Turn desks facing the same direction or have students only sit on one side of the table, spaced apart.</p>
<p>* Handling sporting activities consistent with the CDC Considerations for Youth Sports for recess and physical education classes</p>	<p>Students will be encouraged to use hand sanitizer, provided at stations within the cafeterias, prior to consuming food or beverages.</p>
<p>Limiting the sharing of materials among students</p>	<p>Parents /guardians will be encouraged to deposit funds using the on-line payment portal, avoiding the handling of cash and checks in the cafeterias.</p>
<p>Staggering the use of communal spaces and hallways</p>	
<p>Adjusting transportation schedules and practices to create social distance between students</p>	<p>Students will not be permitted to serve themselves for items such as fruit and or vegetable selections. Staff will serve students all meal components.</p>
<p>Limiting the number of individuals in classrooms and other learning spaces, and interactions between groups of students</p>	<p>Student dining areas and cafeteria serving areas will be thoroughly cleaned between lunch periods.</p> <p>All staff will be trained on healthy hygiene practices so they can teach these to students.</p>
<p>Coordinating with local childcare regarding on site care, transportation protocol changes and,</p>	<p>At this time, Governor Wolfe has enacted a Universal Face Covering Order. Wearing a face covering protects others by containing an individual's fluids and staving</p>

when possible, revised hours of operation or modified school-year calendars

Other social distancing and safety practices

the spread of germs. Health care professionals, the CDC, and PDE Guidance reinforce that face coverings are a key strategy for mitigating the spread of COVID-19. MCA School District will continue to monitor mandates and guidance as it is released related to the wearing of face coverings.

Ensure handwashing strategies include washing with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available and hands are not visibly dirty, use an alcohol-based hand sanitizer that contains at least 60% alcohol.

CDC - handwashing resources that include health promotion materials, information on proper handwashing technique, and tips for families to help children develop good handwashing habits.

Ensure adequate supplies (e.g., soap paper towels, hand sanitizer, tissue) to support healthy hygiene practices.

Post CDC Germs Are Everywhere and Wash Your Hands Posters in all District Cafeterias and Restrooms and other high traffic areas.

CDC Germs are Everywhere

CDC Wash Your Hands

Translated Posters

Restrict nonessential visitors, volunteers, and activities that involve other groups. Visitors must wear a mask and be screened for symptoms.

No outside individuals renting facilities under Policy 707 unless approved by the school board. Limit large group activities such as extracurriculars in accordance with PIAA PMEA and STATE Guidelines

Ensure all large group activities including, but not limited to assemblies, concerts, and theater shows follow social distancing guidelines.

Physical Education

Select and provide safe opportunities for exercise and sports events for students. Consider;

- Physical proximity of players
- Amount of touching of shared equipment
- Ability to engage in social distancing while not engaged in active play.
- Engagement of players at higher risk.
- Size of team. Train teachers, coaches, officials, and staff on all safety protocols. CDC Considerations for Youth Sports

Recess

Limit to one group of students, following social distancing guidelines, using playground structures at a time.

Ensure adequate playground equipment (balls, jump ropes, etc.) to limit the sharing of items or limit to one group of students at a time and disinfect between uses.

Limit team sports and group games following social distancing guidelines. Follow Covid-19 Instrument Cleaning Policies. Teachers will provide students instruction on these cleaning policies prior to resuming instrumental music lessons or classes.

Covid-19 Instrument Cleaning Policies Select and provide safe opportunities for music instruction for students.

Consider;

- Physical proximity of students.
- Use of appropriate facilities to accommodate social distancing.
- Amount of touching of shared equipment
- Ability to engage in social distancing while not engaged in active play.
- Engagement of players at higher risk.
- Size of group.

Clean and disinfect shared items between uses

Keep each student's belongings separated from others' and in individually labeled containers, cubbies, lockers or other areas.

Ensure adequate supplies to minimize sharing of high touch materials to the extent possible or limit to one group of students at a time and disinfect in between use

- Textbooks that are shared
- Technology
- Art Supplies
- PE Equipment

Avoid using other employees' phones, desks, offices, or other work tools and equipment, when possible.

Clean and disinfect them before and after use. Create one-way traffic patterns in hallways.

Separate students within common areas.

- Arrival
- Dismissal Lines
- Lunch

Pursue virtual group events, gatherings, or meetings, if possible, and promote social distancing of at least 6 feet between people if events are held.

Routes will be developed as they normally would paying particular attention to balancing student ridership.

Students will be required to wear masks. They will also be encouraged to sit apart from other students.

Extracurricular and Educational field trips will be limited. Roof hatches and windows will be opened whenever possible to allow for the best ventilation.

To the extent feasible, students should be socially distanced six feet apart pursuant to CDC and PDE guidelines. If six feet is not achievable in the classroom setting, students should be spaced to the maximum extent possible. I

Attempt to identify small groups and keep them together (cohorting).

	<p>Limit mixing between groups if possible.</p> <p>Restrict interaction between groups of students</p> <p>Update the district website with any transportation changes.</p> <p>Installing plexi-glass in main offices and cafeteria P.O.S. Areas.</p>
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Monitoring Student and Staff Health

Requirement(s)	Strategies, Policies and Procedures
<p>* Monitoring students and staff for symptoms and history of exposure</p> <p>* Isolating or quarantining students, staff, or visitors if they become sick or demonstrate a history of exposure</p> <p>* Returning isolated or quarantined staff, students, or visitors to school</p> <p>Notifying staff, families, and the public of school closures and within-school- year changes in safety protocols</p>	<p>Geisinger Medical Center Toolkit https://www.geisinger.org/coronavirus/news-and-resources/educationresources</p> <p>The first level of symptom screening will be done by parents/guardians at home before school each day. Parents will not send a child to school with symptoms. Staff will also not report to work if they are sick.</p> <p>If a student or staff member becomes ill at work, they will immediately report to the nurse who will isolate the person to the greatest extent possible.</p> <p>Persons who have COVID-19 who have symptoms and were directed to care for themselves at home may discontinue isolation following CDC recommendations.</p>

Other Considerations for Students and Staff

Requirement(s)	Strategies, Policies and Procedures
<p>* Protecting students and staff at higher risk for severe illness</p> <p>* Use of face coverings (masks or face shields) by all staff</p> <p>* Use of face coverings (masks or face shields) by older students (as appropriate)</p> <p>Unique safety protocols for students with complex needs or other vulnerable individuals</p> <p>Strategic deployment of staff</p>	<p>Limit or cancel non-essential travel</p> <p>The district will follow guidelines set forth in the (FFCRA) Families First Coronavirus Response Act.</p> <p>Extra precautions in low incidence programs (AS, MDS, SFLS, LSS).</p> <p>Servicing students in low incidence programs can be problematic due to, but not limited to, students with medical concerns, students not understanding the importance of wearing a mask, students unable to maintain proper social distance, students requiring hand-over-hand instruction and support, students requiring assistance with feeding or toileting.</p> <p>For these reasons, extra precautions will be implemented. These precautions include:</p> <p>If a sink is available in the classroom, staff should thoroughly wash hands or use hand sanitizer immediately before and after working with a student.</p> <p>Avoid the use of communal objects for student reinforcement. If such objects are used with multiple students, each object should be disinfected immediately before and after student use.</p> <p>Personal student Chromebook devices should be disinfected each time a student enters or exits the classroom.</p> <p>The district's feeding protocol should be followed when feeding students.</p> <p>Staff should wear gloves when feeding students.</p> <p>Limit students using bathrooms at the same time when possible. Younger elementary age students should be assisted with hand-washing.</p> <p>Students should be encouraged not to touch walls and fixtures when in hallways.</p>

Identify critical job functions and positions, and plan for alternative coverage by cross-training staff.

At this time, Governor Wolfe has enacted a [Universal Face Covering Order](#). Wearing a face covering protects others by containing an individual's fluids and staving the spread of germs. Health care professionals, the CDC, and PDE Guidance reinforce that face coverings are a key strategy for mitigating the spread of COVID-19. MCA School District will continue to monitor mandates and guidance as it is released related to the wearing of face coverings.

Additional Updates:

1. Updated August 13, 2020:

The current PA Department of Health and Governor Wolf Mitigation efforts:

<https://www.health.pa.gov/topics/disease/coronavirus/Pages/Guidance/Targeted-Mitigation-FAQ.aspx>

Does the [Governor's Targeted Mitigation Order](#) apply to schools?

- The Order does not apply to classroom settings but does apply to school activities outside of the classroom that are not related to educational instruction.
- School activities and gatherings not related to educational instruction that are held **indoors** are limited to no more than 25 people. This includes meetings, assemblies, etc.
- Activities and gatherings held **outdoors** are limited to no more than 250 people.

Do the event and gathering limitations include students and staff?

Maximum occupancy includes all individuals present at the event or gathering, whether they are students, staff, or spectators.

Does the [Governor's Targeted Mitigation Order](#) apply to school sports?

Yes, the Order applies to school sports.

- Indoor sporting events and gatherings of more than 25 persons are prohibited.
- Outdoor sporting events and gatherings of more than 250 persons are prohibited.
- The maximum occupancy limit includes coaches, athletes, staff, and spectators.

See the Governor's [Guidance for All Sports Permitted to Operate During the COVID-19 Disaster Emergency to Ensure the Safety and Health of Employees, Athletes and the Public](#) for comprehensive sporting activity guidance.

Are school gyms and fitness facilities included in the Order?

Yes. All gyms and fitness facilities, while permitted to continue indoor operations, are directed to prioritize outdoor physical fitness activities.

All activities must follow masking requirements as provided by the [Secretary of Health's Universal Face Coverings Order](#) and more specifically addressed in the PA Department of Health School Guidance released July 16, 2020; must provide for social distancing of at least 6

feet; and must adhere to the indoor and outdoor gathering limitations in the [Governor's Targeted Mitigation Order](#).

Does the [Governor's Targeted Mitigation Order](#) apply to school buses?

The Order does not apply to school buses.

The [Public Health Guidance Regarding COVID-19 for Phased Reopening of Pre-k to 12 Schools](#) includes a list of best practices for safely transporting students.

Are school board meetings considered gatherings under the [Governor's Mitigation Order](#) and can they still meet?

Yes. A school board meeting is a gathering. Meetings may be held but must follow the gathering limitations outlined in the Order if meeting in person.

2. Updated: August 18, 2020:

<https://www.education.pa.gov/Schools/safeschools/emergencyplanning/COVID-19/messages/August2020/Pages/August17.aspx>

<https://www.education.pa.gov/Schools/safeschools/emergencyplanning/COVID-19/Waivers/MaskWearing/Pages/default.aspx>

Previous DOH FAQ on Student Exceptions to Wearing Masks: Schools should provide face covering breaks throughout the day. Maintain a distance of at least 6 feet during these face covering breaks. Schools may allow students to remove face coverings when students are:

- a. Eating or drinking when spaced at least 6 feet apart;
- ~~b. Seated at desks or assigned workspaces at least 6 feet apart; -REMOVED~~
- c. Engaged in any activity at least 6 feet apart (e.g., face covering breaks, recess, etc.);
or
- d. When wearing a face covering creates an unsafe condition in which to operate equipment or execute a task.

New FAQ as of 8-18-20: Under what circumstances are students permitted to remove their face coverings (e.g. masks and face shields)?

Schools may allow students to remove face coverings when students are:

- * Eating or drinking when spaced at least 6 feet apart; or***
- * When wearing a face covering creates an unsafe condition in which to operate equipment or execute a task; or***

** At least 6 feet apart during “face-covering breaks” to last no longer than 10 minutes.*

Health and Safety Plan Governing Body Affirmation Statement

The Board of Directors/Trustees for **Mount Carmel Area** reviewed and approved the Phased School Reopening Health and Safety Plan on **July 16, 2020**

The plan was approved by a vote of:

Yes

No

Affirmed on: **July 16, 2020**

By:

(Signature of Board President)*

(Print Name of Board President)

*Electronic signatures on this document are acceptable using one of the two methods detailed below.

Option A: The use of actual signatures is encouraged whenever possible. This method requires that the document be printed, signed, scanned, and then submitted.

Option B: If printing and scanning are not possible, add an electronic signature using the resident Microsoft Office product signature option, which is free to everyone, no installation or purchase needed.

Mount Carmel Area School District



Athletic Department Guidelines for Reopening of Sports & Extracurricular Activities

Updated: September 2, 2020

- *All MCA athletes and participants in extra curricular activities will be screened prior to any activity (additional afternoon screening.) MCA Athletic therapy staff (STAR Physical Therapy) will be present every school day from 2:05 to 2:35pm to conduct screenings outside the JH-SH gymnasium. Parents/Guardians of all participants should continue to conduct their daily morning screenings of each MCA student and complete the daily CDC screening tool. (See appendix.)*

The COVID-19 pandemic has presented athletics across the world with a myriad of challenges. The COVID-19 virus is a highly contagious illness that primarily attacks the upper respiratory system. The virus that causes COVID-19 can infect people of all ages. Research from the Centers for Disease Control, among others, has found that while children do get infected by COVID-19, relatively few children with COVID-19 are hospitalized. However, some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable. While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests there are many steps schools can take to reduce the risks to students, coaches, and their families.

The MCASD will take the necessary precautions and recommendations from the federal, state, and local governments, CDC, PA DOH, as well as the NFHS and PIAA. The MCASD realizes the knowledge regarding COVID-19 is constantly changing as new information and treatments become available. These recommendations will be adjusted as needed as new information becomes available in order to decrease the risk of exposure for our staff, students, and spectators.

Risk Classification of Sport

High Risk: Sports that involve close, sustained contact between participants, lack of significant protective barriers, and high probability that respiratory particles will be transmitted between participants.

Examples: football, wrestling, cheerleading (stunts), dance

Moderate Risk: Sports that involve close, sustained contact, but with protective equipment in place that may reduce the likelihood of respiratory particle transmission between participants OR intermittent close contact OR group sports that use equipment that can't be cleaned between participants.

Examples: basketball, volleyball, baseball, softball, soccer, ice hockey, tennis, pole vault, high jump, long jump, 7 on 7 football

Low Risk: Sports that can be done with social distancing or individually with no sharing of equipment or the ability to clean the equipment between use by competitors.

Examples: running events, cross country, throwing events, swimming, golf, weightlifting, sideline cheer

GUIDELINES

1. Educate individuals (athletes, coaches and staff) on health and safety protocols.
2. Individuals will:
 - Stay at home if they are sick.
 - Provide their own water bottle. Water bottles must be brought to any team function, cannot be shared, and should be filled prior to arrival.
 - Provide their own face covering, and wear as outlined in each phase. Face coverings are recommended to help decrease potential exposure to COVID-19 respiratory droplets by an infected individual. Face coverings are not required for athletes practicing or competing, and should not be used by athletes engaged in distance running or other high-intensity aerobic training.
 - Undergo a COVID- 19 health screening prior to any team function or activity. The type of screening will be dependent upon the available resources and the Phase level. The purpose is to check for signs and symptoms of COVID-19. Individuals screened during the school day will not be screened again for after school activities.

3. MCASD will provide:
 - Hand sanitizer as resources allow.
4. Maintain the highest standards possible for cleaning, disinfection, and ventilation in all facilities.
5. Encourage social distancing through increased spacing, reduced group sizes, and limited mixing between groups when possible.
6. Identify staff and students who may be at a higher risk of severe illness from COVID-19 due to underlying medical conditions. (See - CDC “People Who are at a Higher Risk for Severe Illness”)
7. All facilities must be scheduled for use through the athletic department.

Level 1 (PA Red) – No in person team activities are permitted.

Team Activities Permitted:

- Athletes and coaches may communicate only electronically via on-line meetings or phone.
- Athletes may participate in individual in-home workouts.
- School facilities remain closed per PA State Guidelines.

Level 2 (PA Yellow)

Screening:

- Individuals must be screened, including a no touch temperature check, for signs/symptoms of COVID-19 prior to a team function. (See Appendix for COVID-19 Screening Form).
- Responses to screening questions for each person must be recorded and stored.
- Any person (including athletes, coaches, and staff) with positive symptoms reported cannot take part in team functions, must be sent home and should contact

his or her primary care provider or other appropriate health-care professional, for clearance.

Limitations on Gatherings:

- No concession stand operations permitted.
- Social distancing should be applied.
- Workouts cannot consist of a gathering of more than 25 individuals per scheduled facility, and the facility as a whole may not exceed 50% of total occupancy otherwise permitted by law.
- Workouts should be conducted in pods of 13 or less athletes. Pods should remain together throughout the workout.
- Individuals permitted to attend include athletes, coaches, trainers and staff.
- Locker rooms are not available to athletes.

Facilities Cleaning:

- Adequate cleaning schedules should be created and implemented for all athletic facilities.
- Athletic facilities should be cleaned prior to arrival and post workouts or team gatherings.
- It is recommended that individuals must wash their hands for a minimum of 20 seconds with warm water and soap prior to participating in a team function or use hand sanitizer.
- Weight room equipment must be wiped down after an individual's use.
- Coaches are required to wipe down all high touch areas after each practice.
- Appropriate clothing/shoes must be worn at all times.
- Hand sanitizer will be made available, as resources allow.

Physical Activity:

- Low Risk Sports may begin practice.
- Moderate and High Risk Sports may practice if modified for non-contact.
- Students cannot share cloth items and these items must be washed after each practice.

- With the exception of balls and field markers (cones, bags, ropes, hurdles, etc), athletic equipment may not be shared by individuals.
- Hand Sanitizer should be used periodically as resources allow.

Hydration:

- Individuals must bring their own water bottle. Water bottles cannot not be shared.
- Hydration stations (water fountains, water cows, water troughs, etc.) cannot not be utilized.

Level 3 (PA Green) 1st 14 days (June 26th to July 9th)

Screening:

- Individuals must be screened, including a no touch temperature check, for signs/symptoms of COVID-19 prior to a team function. (See Appendix for COVID-19 Screening Form).
- Responses to screening questions for each person must be recorded and stored.
- Any person (including athletes, coaches, and staff) with positive symptoms reported cannot take part in team functions, must be sent home and should contact his or her primary care provider or other appropriate health- care professional, for clearance.

Limitations on Gatherings:

- No concession stand operations permitted.
- Social distancing should be applied.
- Workouts cannot consist of a gathering of more than 50 individuals per scheduled facility, and the facility as a whole may not exceed 50% of total occupancy otherwise permitted by law.
- Workouts should be conducted in pods of 25 or less athletes. Pods should remain together throughout the workout.

- Indoor meetings can consist of 50 or less individuals, provided each individual is spaced a minimum of 6 feet apart.
- Individuals permitted to attend include athletes, coaches, trainers and staff.
- Locker rooms are not available to athletes.

Facilities Cleaning:

- Adequate cleaning schedules should be created and implemented for all athletic facilities.
- Athletic facilities should be cleaned prior to arrival and post workouts or team gatherings.
- It is recommended that Individuals should wash their hands for a minimum of 20 seconds with warm water and soap prior to participating in a team function or use hand sanitizer.
- Weight room equipment should be wiped down after an individual's use.
- Coaches are required to wipe down all high touch areas after each practice.
- Appropriate clothing/shoes must be worn at all times.
- Hand Sanitizer should be used periodically as resources allow.

Physical Activity:

- Low risk sports may practice without modification.
- Moderate and High Risk sports may practice if modified for non-contact.
- Students cannot share cloth items and these items must be washed after each practice.
- With the exception of balls and field markers (cones, agility bags, ropes, hurdles, etc), the frequency and duration of shared athletic equipment should be limited. Shared athletic equipment should be cleaned intermittently during practice as deemed necessary and upon completion of practice.
- Hand Sanitizer should be used periodically as resources allow.

Hydration:

- Individuals must bring their own water bottle. Water bottles cannot not be shared.

- Hydration stations (water fountains, water cows, water troughs, etc.) cannot not be utilized.

Level 4 (PA Green) Day 15 to 28 (July 10th to July 23rd)

Screening:

- Individuals must be screened, including a no touch temperature check, for signs/symptoms of COVID-19 prior to a team function. (See Appendix for COVID-19 Screening Form).
- Responses to screening questions for each person must be recorded and stored.
- Any person (including athletes, coaches, and staff) with positive symptoms reported cannot take part in team functions, must be sent home and should contact his or her primary care provider or other appropriate health- care professional, for clearance.

Limitations on Gatherings:

- No concession stand operations permitted.
- Social distancing should be applied.
- Workouts can consist of a gathering of a full team. More than 1 team can share a facility, provided:
 - The Gathering Is Not More Than 250 Individuals
 - The facility as a whole does not exceed 50% of total occupancy otherwise permitted by law.
- Indoor meetings of not more than 250 individuals, provided each individual is spaced a minimum of 6 feet apart.
- Individuals permitted to attend include athletes, coaches, trainers and staff.
- Locker rooms are not available to athletes.

Facilities Cleaning:

- Adequate cleaning schedules should be created and implemented for all athletic facilities.

- Athletic facilities should be cleaned prior to arrival and post workouts or team gatherings.
- Individuals should wash their hands for a minimum of 20 seconds with warm water and soap prior to participating in a team function.
- Weight room equipment should be wiped down after an individual's use.
- Appropriate clothing/shoes must be worn at all times.
- Hand sanitizer should be made available to individuals as they transfer locations.

Physical Activity:

- Lower and Moderate risk sports may practice without modification. (scrimmages & 7 v 7 workouts with other schools are permitted)
- High risk sports may practice with limited duration and frequency of contact.
- Students cannot share cloth items and these items must be washed after each practice.
- Athletic equipment, with the exception of wrestling ear guards and football helmets/pads, may be shared by individuals provided it is cleaned intermittently during and upon completion of team functions.
- Hand Sanitizer should be used periodically as resources allow.

Hydration:

- Individuals must bring their own water bottle. Water bottles cannot not be shared.
- Hydration stations (water fountains, water cows, water troughs, etc.) cannot not be utilized.

Level 5 (PA Green) Day 29 until beginning of PIAA Fall season (July 24th to August 17th)

Screening:

- Individuals must be screened for signs/symptoms of COVID-19 prior to a team function. The screening may include a no touch temperature check. (See Appendix for COVID-19

Screening Form).

- Responses to screening questions for each person must be recorded and stored.
- Any person (including athletes, coaches, and staff) with positive symptoms reported cannot take part in team functions, must be sent home and should contact his or her primary care provider or other appropriate health-care professional, for clearance.

Limitations on Gatherings:

- No concession stand operations permitted.
- Teams may combine to the total group for all team functions.
- Locker rooms are available per state guidelines.
- Social distancing protocols should remain in place wherever possible.

Facilities Cleaning:

- Adequate cleaning schedules should be created and implemented for all athletic facilities.
- Athletic facilities should be cleaned prior to arrival and post workouts or team gatherings.
- It is recommended that individuals should wash their hands for a minimum of 20 seconds with warm water and soap prior to participating in a team function or use hand sanitizer.
- Coaches are required to wipe down all high touch areas after each practice.
- Weight room equipment should be wiped down after an individual's use.
- Appropriate clothing/shoes must be worn at all times.
- Hand sanitizer should be made available to individuals as they transfer locations.

Physical Activity:

- All sports may practice without restriction.
- Students cannot share cloth items and these items must be washed after each practice.
- Athletic equipment, with the exception of wrestling ear guards and football helmets/pads, may be shared by individuals provided it is cleaned intermittently during and upon

completion of team functions.

- Hand Sanitizer should be used periodically as resources allow.

Hydration:

- Individuals must bring their own water bottle. Water bottles cannot not be shared.
- Hydration stations (water fountains, water cows, water troughs, etc.) cannot not be utilized.

Level 6 (PA Green) Start of the PIAA Fall season (August 17th)

Pre-workout/Contest Screening:

- Any person who has COVID-19 symptoms cannot participate in practice/games, and must contact their primary care physician or another appropriate health-care provider.
- Team attendance must be recorded

Limitations on Gatherings:

- As per State and Local Guidelines
- When not directly participating in practices or contests, social distancing should be applied if possible.

Facilities Cleaning:

- Adequate cleaning schedules will be created and implemented for all athletic facilities to mitigate any communicable disease.
- Athletic facilities should be cleaned prior to arrival and post workouts and team gatherings, high touch areas should be cleaned more often.
- Weight Room Equipment should be wiped down after an individual's use.
- Appropriate clothing/shoes should be worn at all times.

Physical Activity and Athletic Equipment

- Low, Moderate, and High Risk may resume normal practice and competitions may begin with PIAA approval.

- Students cannot share cloth items and these items must be washed after each practice.
- Athletic equipment, with the exception of wrestling ear guards and football helmets/pads, may be shared by individuals provided it is cleaned intermittently during practice as deemed necessary and upon completion of team functions.
- Hand Sanitizer should be used periodically as resources allow.

Hydration:

- Individuals must bring their own water bottle. Water bottles cannot not be shared.
- Hydration stations (water fountains, water cows, water troughs, etc.) cannot not be utilized.

OTHER RECOMMENDATIONS:

Transportation:

Modifications for student/coach transportation to and from athletic events may be necessary. These potential modifications will be determined by the school district, bus companies, Department of Education, State and Local governments. This may include:

- Reducing the number of students/coaches on a bus/van
- Using hand sanitizer and the wearing of masks may be required upon boarding and riding a bus/van
- Social distancing on a bus

Social Distancing during Contests/Events/Activities

Sidelines/Bench – appropriate social distancing will need to be maintained on sidelines/bench during contests and events, as deemed necessary by the school, PIAA, state and local governments. Consider using tape or paint as a guide for students and coaches.

Who should be allowed at events?

Group people into tiers from essential to non-essential and decide which will be allowed at an event:

1. Tier 1 (Essential) – Athletes, coaches, officials, event staff, medical staff, security
 2. Tier 2 (Preferred) – Media
 3. Tier 3 (Non-essential) – Spectators, vendors
- Only Tier 1 and 2 personnel will be allowed to attend events until state/local governments lift restrictions on mass gatherings.

- Changes to seating capacity and social distancing may be necessary for each venue facility and will be determined as more recommendations are released by the local/state governments.

Overnight/Out of State Events/ Events in COVID-19 Hot Spots

The MCASD will evaluate each event and follow all local/state government guidelines on a case by case basis. Every consideration will be taken as to not expose students to unnecessary or potential high risk exposure.

Positive Cases and Coaches, Staff, or Athletes Showing COVID-19 Symptoms

What are the signs and symptoms of COVID-19?

Symptoms may appear 2-14 days after exposure to the virus. The symptoms may range from mild to severe. (See CDC Fact Sheet in Appendix)

Symptoms may include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore Throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

What to do if you are sick?

- If you are sick with COVID-19 or think you are infected with the virus, STAY AT HOME. It is essential that you take steps to help prevent the disease from spreading to people in your home or community. If you think you have been exposed to COVID-19 and develop a fever and symptoms, call your healthcare provider for medical advice.
- Notify the school immediately (principal, athletic director, athletic trainer, coach)
- It will be determined if others who may have been exposed (students, coaches, staff) need to be notified, isolated, and /or monitored for symptoms
- If a Positive case of COVID-19 is Diagnosed Contact Tracing will be implemented with the assistance of local health professionals and the CDC/PA DOH. See Information in Appendix

What to do if a student or staff become ill with COVID-19 symptoms during practice, event, or during transportation to or from an event?

- Every effort will be made to isolate the ill individual from others, until the student

or staff member can leave the school or event

- If student, parent/guardian will be contacted immediately, and arrangements will be made for the student to be picked up
- Ill individual will be asked to contact their physician or appropriate healthcare professional for direction

Return of student or staff to athletics following a COVID-19 diagnosis?

- Student or staff should have medical clearance from their physician or appropriate healthcare professional, determined to be non-contagious, Fever free (without fever-reducing medicine), improvement in respiratory symptoms (cough, shortness of breath), no vomiting or diarrhea.

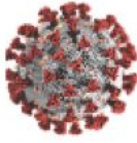
EDUCATION:

Staff, Coaches, Parents and Athletes will be educated on the following (through posters, flyers, meetings, emails, phone calls):

- COVID-19 signs and symptoms
- Proper ways to limit exposure to COVID-19 (hand washing, cough in your elbow, disinfecting touched surfaces, social distancing, etc.)
- The content of this Return to Sport Guidelines Document
- Any pertinent COVID-19 information released by state/local governments, NFHS, and PIAA.

APPENDIX

What you should know about COVID-19 to protect yourself and others



Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.



Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.



Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.



Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.



Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.



Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.



CS174857A 04/12/2020

cdc.gov/coronavirus



BACKGROUND

Contact tracing is the process of reaching out to anyone who came into close contact with an individual who is positive for COVID-19. Contact tracing helps monitor close contacts for symptoms and to determine if they need to be tested. Contact tracing is a key strategy for preventing the further spread of infectious diseases such as COVID-19.

WHAT DOES THIS PROCESS LOOK LIKE?

- In contact tracing, public health staff work with a case to help them recall everyone they have had close contact with during the time they were infectious.
- Public health staff then inform individuals who have had close contact (e.g. “close contacts”) that they have potentially been exposed to COVID-19. Close contacts are only told that they may have been exposed to someone who has COVID-19; they are not told who may have exposed them.
- Close contacts are given education, information and support so they understand their risk. They receive information on what they should do to separate themselves from others who have not been exposed, how to monitor themselves for illness, and are made aware that they could possibly spread the infection to others, even if they do not feel sick.
- Close contacts will be asked to quarantine themselves and are encouraged to stay home and maintain social distancing through the end of their infectious period, which is about 14 days, in case they become sick. They should monitor themselves by checking their temperature twice a day and watch for any other symptoms of COVID-19. Public health staff will check in with these contacts to make sure they are self-monitoring and have not developed symptoms.
- If a close contact develops symptoms, they should isolate themselves and let public health staff know. The close contact will be evaluated to see if they need medical care. A test may be necessary unless the individual is already in a household or long-term care facility with a confirmed case, then the close contact would be considered a probable case without a test.

WHAT TERMS SHOULD I KNOW WHEN IT COMES TO CONTACT TRACING?

- A **case** is a patient who has been diagnosed with COVID-19. A case should isolate themselves, meaning they should stay away from other people who are not sick to avoid spreading the illness.
- A **close contact** is an individual who had close contact with a case while the case was infectious. A close contact should quarantine themselves, meaning they should stay at home to limit community exposure and self-monitor for symptoms.
- A **contact of a close contact** is an individual who had or continues to have contact with a close contact. A contact of a close contact should take all regular preventative actions, like washing hands,

covering coughs and sneezes, and cleaning surfaces frequently. A contact of a close contact should be alert for symptoms.

RESOURCES FOR MORE INFORMATION

For more information on wearing or making a mask,

visit: <https://www.health.pa.gov/topics/disease/coronavirus/Pages/Stop-the-Spread.aspx>

For more information on COVID-19, visit the Department of Health’s website, www.health.pa.gov, or the

Help is available, contact the Crisis Text Line by
texting **PA to 741-741**

RESOURCES:

NFHS: Guidance for Opening Up High School Athletics and Activities
(per update on May 2020)

Centers for Disease Control – “What You Should Know About COVID-19 to Protect Yourself and Others”

Centers for Disease Control – “Schools Decision Tree”

PA Department of Health – “Coronavirus Symptoms”

PA Department of Health – “What is Contact Tracing”

PA Department of Health – “Phased Re-opening Plan by Governor Wolf”

A Guide to Re-Entry to Athletics in Texas Secondary Schools
By Jamie Woodall, MPH, LAT, ATC, CPH and Josh Woodall Med, LAT, ATC

**Mount Carmel Area Athletic Department
Athlete and Staff COVID-19 Screening**

Name: _____ Date: _____

Grade: _____ Sports: _____

Students/Coaches should self-report as deemed necessary prior to each practice/event. Temperature may be taken from a designated trained individual as needed. The other symptoms should be marked as “N” – NO or “Y” Yes answers.

For the column “Close Contact” the answer should reflect the following question:
 Within the past 14 days have you had close contact with someone who is currently sick with suspected or confirmed COVID-19? (Note: Close contact is defined as within 6ft for more than 10 consecutive minutes, without PPE equipment.)
 If any responses are “YES”, the student will NOT be allowed to practice or compete, and will be asked to leave school grounds. The Parent/Guardian will be notified.

DATE	TEMP	Fever/ Chills	Cough	Sore Throat	Short of Breath	Loss Taste/ Smell	Vomiting Diarrhea	Close Contact ***

**Mount Carmel Area School District
Athletic Department
Participation Waiver for Communicable Diseases Including COVID-19**

The COVID-19 pandemic has presented athletics across the world with a myriad of challenges concerning this highly contagious illness that primarily attacks the upper respiratory system. Some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable.

While it is not possible to eliminate all risk of furthering the spread of COVID-19, the MCASD will take necessary precautions and comply with guidelines from the federal, state, and local governments, CDC, PA DOH, as well as the NFHS and PIAA, to reduce the risks to students, coaches, and their families. As knowledge regarding COVID-19 is constantly changing, MCASD reserves the right to adjust and implement precautionary methods as necessary to decrease the risk of exposure for our staff, students, and spectators. Some precautionary methods in the MCASD Resocialization of Sports Recommendations include but may not be limited to:

1. Health screenings prior to any practice, event, or team meeting with participation in the activities being limited and/or prohibited where an individual displays positive responses or symptoms.
2. Encourage social distancing and promote healthy hygiene practices such as hand washing, using hand sanitizer, etc.
3. Intensify cleaning, disinfection, and ventilation in all facilities.
4. Educate Athletes, Coaches, and Staff on health and safety protocols.
5. Require Athletes and Coaches to provide their own water bottle for hydration.

By signing this form, the undersigned voluntarily agree to the following Waiver and release of liability. The undersigned agree to release and discharge all claims for ourselves, our heirs, and as a parent or legal guardian for the Student named below, against the MCASD, its Board of Directors, successors, assigns, officers, agents, employees, and volunteers and will hold them harmless from any and all liability or demands for personal injury, psychological injury, sickness, death, or claims resulting from personal injury or property damage, of any nature whatsoever which may be incurred by the Student or the undersigned relating to or as a result of the Student's participation in athletic programs, events, and activities during the COVID-19 pandemic.

The undersigned acknowledge that participating in athletic programs, events, and activities may include a possible exposure to a communicable disease including but not limited to MRSA, influenza, and COVID-19. The undersigned further acknowledge that they are aware of the risks associated with COVID-19 and that certain vulnerable individuals may have greater health risks associated with exposure to COVID-19, including individuals with serious underlying health conditions such as, but not limited to: high blood pressure, chronic lung disease, diabetes, asthma, and those whose immune systems that are compromised by chemotherapy for cancer, and other conditions requiring such therapy. While particular recommendations and personal discipline may reduce the risks associated with participating in athletics during the COVID-19 pandemic, the risk of serious illness, medical complications and possible death does exist.

We knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of others, and assume full responsibility for Student's participation in athletics during the COVID-19 pandemic. We willingly agree to comply with the stated recommendations put forth by the

MCASD to limit the exposure and spread of COVID-19 and other communicable diseases. We certify that Student is in good physical condition or believe Student to be in good physical condition and allow participation in this sport at our own risk.

Sport: _____

Signature of Parent/Guardian: _____ Date: _____

Signature of Student Athlete: _____ Date: _____

*Parents/Guardians may request a full copy of the MCA Athletic and Extracurricular Reopening plan by contacting the MCA District or Athletic Office or by accessing www.mca.k12.pa.us.

Daily Home Screening for Students

Parents: Please complete this short check each morning and report your child's information [INSERT YOUR SCHOOL REPORTING INSTRUCTIONS] in the morning before your child leaves for school.

SECTION 1: Symptoms

If your child has any of the following symptoms, that indicates a possible illness that may decrease the student's ability to learn and also put them at risk for spreading illness to others. Please check your child for these symptoms:

<input type="checkbox"/>	Temperature 100.4 degrees Fahrenheit or higher when taken by mouth;
<input type="checkbox"/>	Sore throat;
<input type="checkbox"/>	New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline);
<input type="checkbox"/>	Diarrhea, vomiting, or abdominal pain
<input type="checkbox"/>	New onset of severe headache, especially with a fever.

SECTION 2: Close Contact/Potential Exposure

<input type="checkbox"/>	Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person with confirmed COVID-19: OR
<input type="checkbox"/>	Had close contact (within 6 feet of an infected person for at least 15 minutes) with person under quarantine for possible exposure to SARS-CoV-2; OR
<input type="checkbox"/>	Traveled to or lived in an area where the local, Tribal, territorial, or state health department is reporting large numbers of COVID-19 cases as described in the Community Mitigation Framework
<input type="checkbox"/>	New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline);
<input type="checkbox"/>	Live in areas of high community transmission (as described in the Community Mitigation Framework) while the school remains open

